



Manicure & Pedicure

Course type - Day

Course cost - £150 +VAT

Kit included - Yes

Time - 10am - 4pm

Model needed – No, working on each other, unless odd number of students

Who is course for - Complete beginner to the industry existing nail technicians wanting to improve or update their services

Prior learning – None

What's covered?

Basic anatomy and physiology of hand, arm, foot and nail

Contra indications and action

Client consultation

Health and safety

Product knowledge

Manicure techniques

Pedicure techniques

Filing and shaping

Massage techniques

Benefits of massage

Polish application

Aftercare / homecare advice

Retail

What's included?

Refreshments

Course notes

Kit

Certificate

What Will You Need?

To remove all artificial enhancements, wraps and polish

Dress in a professional manner

L&N Hair & Beauty Supplies

Call Tracy Haddon on 01908 379 214 | www.landnhairandbeautysupplies.co.uk

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