



## Threading

**Course type** - Day

**Course cost** - £110 +VAT

**Kit included** - No

**Time** - 10am - 4pm

**Model needed** – No, working on each other, unless odd number of students

**Who is course for** - Complete beginner and therapists wanting to add to there skills

**Prior learning** – None

### **What's covered?**

Hygiene and infection control

Health and safety

History of threading

Anatomy of hair

Advantages of threading

Contra-indications

Client pre-assessments

Tuition in threading legs, face, upper lip and eyebrows

Practical

Aftercare

### **What's included?**

Refreshments

Course notes

A recognised certificate will be awarded on successful completion of the course, enabling students to obtain the necessary insurance

### **What Will You Need?**

Please ensure you have a minimum of 2 weeks hair growth.

Dress suitably

Cooldown / afterwax lotion

Sterilising spray

Tweezers

Scissors

Talc

Cotton wool pads

Thread (antibacterial thread)

*All of these items can be purchased on the day from L&N Hair and Beauty*

L&N Hair & Beauty Supplies

Call Tracy Haddon on 01908 379 214 | [www.landnhairandbeautysupplies.co.uk](http://www.landnhairandbeautysupplies.co.uk)

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