



### **Hot Stone Massage**

**Course type** - Day

**Course cost** - £130 +VAT

**Kit included** - No

**Time** - 10am - 4pm

**Model needed** - No, working on each other

**Who is course for** – Therapists who have completed their full body massage, and anatomy and physiology. This course is a follow on course from Body Massage and enables the therapist to offer the use of hot stones in their massage routine

**Prior Learning** – Full body massage, and anatomy and physiology

#### **What's covered?**

Health and safety

Product knowledge

Hygiene and infection control

Client consultation

Contra-indications

The safe application of hot stones

Aftercare

#### **What's included?**

Refreshments

Course notes

Kit

A recognised certificate will be awarded on successful completion of the course, enabling students to obtain the necessary insurance

#### **What Will You Need?**

Your model will need to be available from 11.30am